



# VIVIAN SESSOMS

## Life

### KEY SELLING POINTS

- Collaborations with Saxophonist Casey Benjamin and Pianist Shedrick Mitchell and followed by appearances from Brandee Younger, Keyon Harrold, Donny McCaslin, and Gregoire Maret, among others
- Sonic Soul [review](#)
- Sheen Magazine: [Vivian Sessoms' "LIFE" Listening Party](#)

### DESCRIPTION

*Life* is a trans-generational document that manages to speak directly to this time on earth. All of the ingredients of a worldly mix of styles are present, with the groove and feeling of the church, the popular music of her time, and players that make it fresh. Led by Vivian and her husband, Chris Parks, *Life* features a diverse cast of musicians, beginning with her persistent collaborations with Saxophonist Casey Benjamin and Pianist Shedrick Mitchell and followed by appearances from Brandee Younger, Keyon Harrold, Donny McCaslin, and Gregoire Maret, among others.

While there is no shortage of acclaimed musicians included in this project, it is clear *Life* is a labor of love, and not just titles. Ever present in the creation of this record is Chris Parks, Vivian's husband. Every recorded album is a document - a testament to life at a certain time, or perhaps in a series of times. It would be easy to state that Vivian Sessoms' voice is transcendent, but *Life*, the album, takes that voice and takes it higher; the songs on *Life* are for all of us, built of collaboration, of love, and of purpose.

<b>ARTIST:</b>	Vivian Sessoms
<b>TITLE:</b>	Life
<b>CATALOG:</b>	CD-RAD439
<b>LABEL:</b>	Ropeadope
<b>GENRE:</b>	Soul/R&B
<b>BARCODE:</b>	824833020260
<b>FORMAT:</b>	CD
<b>HOME MARKET:</b>	New York City
<b>RELEASE:</b>	11/9/2018
<b>COST:</b>	\$9.15
<b>LIST PRICE:</b>	\$13.98 / AM

### TRACKLISTING (Click Tracks In [Blue](#) To Preview Audio)

1. [7th Heaven \(Intro\) \(feat. Freedom Bremner\)](#)
2. [No Greater Love \(feat. Casey Benjamin & Paradigm\)](#)
3. [Loves Refrain \(feat. Casey Benjamin\)](#)
4. [Under My Skin \(feat. Paradigm\)](#)
5. [Superwoman \(feat. Shedrick Mitchell\)](#)
6. Gabriels Lament (feat. Keyon Harrold)
7. Dreaming Of A Boy (feat. Keyon Harrold)
8. See Lude (feat. Meku Yisrael)
9. See Line Woman (feat. Vincent Gardner, Kenyatta Beasley & Donny McCaslin)
10. New Earth
11. People (feat. Shedrick Mitchell)
12. Belles Personnes
13. O.O.B.E
14. Lush Life (For Jenny) (feat. Shedrick Mitchell)
15. Love Sick (feat. Keyon Harrold)
16. High Life (feat. Charissa "The Violin Diva" Rouse)
17. Strange Fruit (feat. Shedrick Mitchell)
18. Portal